

## FREE EDUCATIONAL PROGRAMS

Employers and employees across Maryland can utilize Maryland Occupational Safety and Health's (MOSH) free educational program. Our programs are designed to reduce occupational injuries and illnesses by creating awareness about workplace safety issues. Participants can enroll in half-day, full-day and two-day seminars at no cost. Seminars on this schedule are offered at the following locations:

1. MOSH, Hunt Valley
2. ABC of Metro Washington, Beltsville
3. Dept. of Natural Resources, Wicomico
4. DLLR/Columbia Workforce Center, Columbia
5. Frederick County Public Safety, Frederick
6. Harford Community College, Bel Air
7. IEC Chesapeake, Laurel
8. State Highway Administration, La Plata
9. Wheaton Westfield South Building, Wheaton

## HOW TO REGISTER

Register by mail, fax, or online. Send the form on the reverse page to:

Maryland Occupational Safety and Health  
Outreach Training and Education  
10946 Golden West Drive, Suite 160  
Hunt Valley, MD 21031  
[www.dllr.maryland.gov/labor/mosh/](http://www.dllr.maryland.gov/labor/mosh/)  
(410) 527-2091 phone / (410) 527-4490 fax

Information about program content is available on the MOSH website at:  
[www.dllr.maryland.gov/labor/mosh/](http://www.dllr.maryland.gov/labor/mosh/)

You will be registered for any requested seminar unless specifically notified otherwise. In the event you are unable to attend, please contact MOSH.

Directions will be provided by email or fax one week prior to the course date.

For additional information not found on the MOSH website, call MOSH at:  
(410) 527-2091 or (410) 527-2092

## FREE CONSULTATION PROGRAMS

### Safety Pays

MOSH Consultation Services can help create a safer and healthier workplace and improve the bottom line. Our experienced safety and health professionals will survey a workplace free of charge and show you how to correct hazards to avoid any potential injuries.

1. Avoid fines and get an abatement period instead of a citation
2. Reduce preventable accidents and injuries
3. Reduce workers' compensation premiums
4. Decrease employee absence and turnover rates
5. Improve your bid for contract jobs by demonstrating initiative to improve your safety record

## HOW TO REQUEST A CONSULTATION

### How Does It Work?

**Contact MOSH Consultation**  
(410) 527- 4472, [mosh.consultation@maryland.gov](mailto:mosh.consultation@maryland.gov)  
or visit us online at:  
[www.dllr.maryland.gov/labor/mosh/volc.shtml](http://www.dllr.maryland.gov/labor/mosh/volc.shtml)

**Receive an On-Site Survey**  
Experienced professional consultants will meet with you to conduct an initial survey.

**Discuss Survey Results**  
Once the survey is complete, our MOSH consultant will go over every identified hazard with you. Your only obligation is to remedy identified hazards from the survey in an agreed upon time frame.

**Keep It Confidential**  
All results of the survey are confidential and stay between you and the consultant.

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Permit No. 255

Maryland Occupational Safety and Health  
Outreach Training and Education  
10946 Golden West Drive, Suite 160  
Hunt Valley, MD 21031



## Safety and Health Educational Seminars for Employers and Employees



**July 2019 - December 2019**

For more information about MOSH please log onto:  
[www.dllr.maryland.gov/labor/mosh/](http://www.dllr.maryland.gov/labor/mosh/)

# MOSH Educational Programs and Registration Form

Check the box for each class desired

## Accident Investigation

- 7/19/19, 8:30am - 12:30pm, Columbia
- 9/10/19, 8:30am - 12:30pm, Hunt Valley

## Bloodborne Pathogens

- 7/18/19, 8:30am - 12:30pm, Hunt Valley
- 9/12/19, 8:30am - 12:30pm, Columbia

## Confined Space

- 8/20/19, 8:30am - 12:30pm, Hunt Valley

## Construction Site Safety I

- 7/30/19, 8:30am - 3:30pm, Wheaton
- 9/25/19, 8:30am - 3:30pm, Hunt Valley

## Construction Site Safety II

- 8/19/19, 8:30am - 3:30pm, Wheaton
- 10/29/19, 8:30am - 3:30pm, Hunt Valley

## Electrical Safety & Lockout/Tagout

- 9/19/19, 8:30am - 3:30pm, Wye Mills\*
- 12/10/19, 7:00am - 2:00pm, Laurel

## Emergency Response & Disaster Preparedness

- 9/5/19, 8:30am - 3:30pm, Beltsville
- 12/5/19, 8:30am - 3:30pm, Hunt Valley

## Excavation Safety

- 8/22/19, 8:30am - 3:30pm, Bel Air\*
- 11/21/19, 8:30am - 3:30pm, Wye Mills\*

## Fall Protection - Construction

- 8/27/19, 8:30am - 12:30pm, Beltsville
- 11/5/19, 8:30am - 12:30pm, Hunt Valley

## Hazard Communication

- 12/11/19, 8:30am - 12:30pm, Hunt Valley

## Heat Stress

- 7/11/19, 8:30am - 12:30pm, Hunt Valley

## How to Save Money and Be Safe -NEW

- 10/11/19, 8:30am - 12:30pm, Hunt Valley

## Introduction to OSHA Recordkeeping

- 7/17/19, 8:30am - 12:30pm, Hunt Valley
- 11/20/19, 8:30am - 12:30pm, Hunt Valley

## Job Safety Analysis

- 9/17/19, 8:30am - 12:30pm, Bel Air\*
- 12/12/19, 8:30am - 12:30pm, Wicomico

## Machine Guarding and Preventing Amputations

- 10/16/19, 8:30am - 12:30pm, Hunt Valley

## OSHA 10 Hr Construction for Trades - 2 days by ARTBA

- 11/13/19 - 11/14/19  
8:30am - 3:30pm, Laurel

## Occupational Exposure to Noise

- 11/22/19, 8:30am - 12:30pm, Hunt Valley

## Personal Protective Equipment

- 10/17/19, 8:30am - 12:30pm, Bel Air\*

## Preventing Runovers and Backovers by ARTBA

- 10/8/19, 8:30am - 12:30pm, Frederick

## Respiratory Protection

- 10/3/19, 8:30am - 12:30pm, Hunt Valley

## Safe and Sound Event- Construction

- 8/15/19, 8:30am - 12:30pm, Hunt Valley

## Safe and Sound Event - General Industry

- 8/14/19, 8:30am - 12:30pm, Hunt Valley

## Scaffolding Safety in Construction

- 9/27/19, 8:30am - 3:30pm, Frederick
- 11/6/19, 8:30am - 3:30pm, Beltsville

## Seguridad en la Construcción (Construction Site Safety)

- 10/18/19, 8:30am - 3:30pm, Hunt Valley

## Silica in Construction

- 8/16/19, 8:30am - 12:30pm, Frederick
- 11/19/19, 8:30am - 12:30pm, Hunt Valley  
(in Spanish)

## Tree Care and Removal

- 9/13/19, 8:30am - 12:30pm, La Plata
- 10/24/19, 8:30am - 12:30pm, Columbia

## Walking - Working Surfaces

- 10/22/19, 8:30am - 12:30pm, Beltsville

## Workplace Hazard Assessment

- 7/25/19, 8:30am - 12:30pm, Frederick
- 11/4/19, 8:30am - 12:30pm, Columbia

## Workplace Violence

- 8/8/19, 8:30am - 12:30pm, Wye Mills\*
- 12/17/19, 8:30am - 12:30pm, Columbia

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Name \_\_\_\_\_

Title \_\_\_\_\_

Employer's primary business is  
 Agriculture  Construction  Financial  
 Government  Manufacturing  
Other: \_\_\_\_\_

Company/Agency \_\_\_\_\_

Address \_\_\_\_\_

City State Zip \_\_\_\_\_

County \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

Email Address \_\_\_\_\_

Attendance at these sessions DOES NOT substitute for training required by OSHA/MOSH standards and regulations. These free seminars provide an overview of the specific topic and how to comply with applicable OSHA/MOSH standards. Note: Class, date and locations are subject to change. We will notify you as soon as possible if a change occurs. Employers with twenty or more registrants please contact us for additional information. \* Continuing Education Units (CEU's) will be given from certain colleges.

Use a separate form for each person registering.  
\*\* Please print all information legibly